

APPENDIX 1

(QUESTIONNAIRE)

Q.1 Have you been working at:

- a. Govt. teaching hospital
- b) Govt. non-teaching hospital
- c. Private teaching hospital
- d) Private non-teaching hospital
- e. Freelancing

Q.2 You are working as:

- b. Trainee (<5 yrs exp.)
- b) Junior consultant (5-10 yrs exp.)
- c. Senior consultant (>10yrs exp.)

Q.3 Describe the **ASA published** practice guidelines pertaining to preoperative fasting in non-laboring individuals undergoing elective procedures in each category:

	Adults	Children	Infants
Solids			
Breast milk			
Clear fluids			

Q.4 What are the benefits of allowing clear liquids 2hrs before surgery:(multiple choice)

- a. improves patient comfort
- b. less intraoperative hypotension
- c. decrease stress response
- d. enhance post op recovery

Q.5 Please describe the preoperative fasting period you **advised to patients during PAC** in your institution in each category:-

	Adults	Children	Infants
Solids			
Breast milk			
Clear fluids			

Q.6 Please describe the **ACTUAL fasting period** which generally patients keep before surgery in your institution in each category:

	Adults	Children	Infants
Solids			
Breast milk			
Clear fluids			

Q.7 Describe reasons for not implementing guidelines (multiple choice):

- a. You think that fasting time according to guidelines inadequate for Indian patients.
- b. Hospital policy differs from guidelines.
- c. Not having control on scheduling of cases.
- d. Due to high workload in your institution.
- e. Poor knowledge of surgeons regarding importance of fasting guidelines.
- f. Ward nursing staff follow surgeons instructions than yours.
- g. You think patients will not understand instructions properly.
- h. You follow ASA guidelines
- i. Any other reason, please mention _____

Q.8 Do you explain the reason for fasting to patients during PAC:-

- a) Always
- b) never
- c) sometimes

Q.9 Do you accept the patients who took clear liquids 2 hours prior routine surgery for anaesthesia:-

- a. Monitored Anaesthesia Care Yes/No
- b. Regional anaesthesia Yes/No
- c. General Anaesthesia Yes/No

Q.10 Who informed the patient about fasting a day before surgery (multiple choice):-

- a. Anaesthesiologist
- b. Surgeon
- c. Nursing staff
- d. All of the above

Q.11 Aspiration prophylaxis drugs routinely use in your institution: (multiple choice)

- a. Drugs for aspiration prophylaxis are not routinely used
- b. Ranitidine
- c. Metoclopramide
- d. Ondansetron